

Wednesday Night Lethal Injection Ride

- Time:** 6:30 p. m. Every Wednesday Night April-October
Place: Parking lot in front of Boneshakers Bicycle shop at the corner of Macedonia & New Macland Rd.
Directions: Take East-West Connector towards Kennesaw. Cross over Powder Springs Rd. Take left at next light onto Macedonia Rd. Go 2-3 miles to CVS turn right into main parking lot of Dollar General.)
Distance: 30 miles with shorter options.

Grade/Degree: Flat to rolling with a few steady climbs.

Armband Sprints: All sprints are marked; Red Arm band is the KOM atop Beurden Rd. The Green arm band is for the downhill sprint for the Cobb County sign. The yellow arm band is for the final sprint, which is the 35 mph speed limit sign on old Hwy 278 just past the new post office.

General Information: Ride leaders - Jake and Elwood (They will be available for tips questions, comments, gripes and complaints)

The course is marked with WHITE ARROWS, and a skull and crossbones at all major turns. Advice and tips for beginners will be available before the ride. All beginners welcome! However, please note that this is a “race simulated” ride. Come out and practice, learn, and train to be able to keep up and run the Gauntlet with our lead group by the end of the season.

For more information, call Boneshaker Bicycle shop at **770-222-BONE** and ask for Gerome.

Please note: **NO HELMET NO RIDE PERIOD.**

This ride is no way affiliated, sponsored, or in any way connected to the Boneshaker Bicycle shop, its owner, or any of the ride leaders. The ride leaders are there to ride, hand out maps, and give advice, however they are not responsible for your safety, any injuries that may occur, or personal well being.

YOU RIDE AT YOUR OWN RISK - NO ONE IS RESPONSIBLE FOR YOUR WELL BEING EXCEPT YOURSELF!!!!!!

Map directions: Start
R- onto Macedonia
L- Old Lost Mtn
R- HWY 6 (Powder Springs-Dallas Rd.)
L- Warren Farm Rd. (Changes to Rosedale Dr.)
L- Seaboard Ave
L- Powder Springs St. (over tracks)
R- Pool Rd
L- Arnold LN
R- Cleburne PKWY
R- Bennet Rd.
L- Pine Valley RD (Turns into- N. Burnt Hickory Rd.)
R- Gresham
L- Beurden
L- Maroney Mill
L North Burnt Hickory
R- Boyd
L- Ben Hill
L- Old Douglasville
L-Brownsville

Cont'd: from Brownsville
R-Brown
L-Hiram-Lithia Springs
R-HWY 6 (Pwdr Spgs-
Dallas Rd.)
L- Old Lost Mtn.
R-Macedonia