

# LTF TUES NIGHT RIDE - A GROUP

Mileage	Cumulative	Direction	Road/Destination
0.....0	0	Begin	Lifetime Fitness Parking Lot
0.....0	0	R	Morris Road
.1.....1	1	L (light)	North Point Parkway
.6.....7	7	R (light)	Windward Parkway
.9.....1.6	1.6	R (light)	Windward Plaza
.3.....1.9	1.9	S (light)	Windward Concourse
1.0.....2.9	2.9	L	Union Hill Road
1.9.....4.8	4.8	S (light)	Union Hill Road
.3.....5.1	5.1	L	Mullinax Road
.8.....5.9	5.9	L	Windy Hill Drive
.7.....6.6	6.6	R	Francis Circle
.8.....7.4	7.4	S (light)	Campground Road
<b>4.0.....11.3</b>	<b>11.3</b>	<b>Regroup</b>	<b>Campground Store</b>
0.....11.3	11.3	S	Continue on Holbrook Campground Road
1.7.....13.0	13.0	L	Bill Bagwell Road
.3.....13.3	13.3	L	Trinity Church Road
1.7.....15.0	15.0	L	Wrights Mill Road
1.6.....16.6	16.6	R	Birmingham Rd/GA 372
.5.....17.1	17.1	L	King Road turns to Mountain Road
.8.....17.9	17.9	R	Freemanville Road
4.7.....22.6	22.6	L	Redd Road
1.0.....23.6	23.6	R	Haygood Road
.5.....24.1	24.1	L	Bethany Way
.8.....24.9	24.9	R	Hopewell Road
.8.....25.7	25.7	L	Hopewell Plantation Drive
1.3.....27.0	27.0	R	Cogburn Road
.5.....27.5	27.5	S (light)	Henderson Parkway
1.1.....28.6	28.6	L	Cumming Street
.1.....28.7	28.7	R	Westside Parkway
.5.....29.3	29.3	L	Webb Bridge Road
.2.....29.6	29.6	L	Morris Road
.4.....30.3	30.3	R	Opus Woods Boulevard
.2.....30.5	30.5	L	Lifetime Fitness Parking Lot